

# UKG Syllabus for the month of April 2021

## Blocks 1 and 2

Language Skills (English)	Language Skills (Hindi)	Cognitive Skills	Rhymes and stories
<p>1. Recap of letters- s, a, t, p, i, n</p> <ul style="list-style-type: none"><li>Recap of sounds, actions and vocabulary related to these letters</li><li>Writing of letters</li><li>Identify the beginning sound of the letters and match them to the given pictures</li><li>Write the letter that makes the beginning sound for the given pictures</li><li>Sort the pictures according to their beginning sound and put them under the correct heading</li></ul> <p>2. Theme time- Sense organs</p> <p>a) I can see</p> <ul style="list-style-type: none"><li>Identify eyes as a sense organ</li><li>Eyes help us to see</li><li>Talk about the importance of eyes</li><li>Taking care of eyes</li></ul> <p>b) I can hear</p> <ul style="list-style-type: none"><li>Identify ears as a sense organ</li><li>Ears help us to hear</li><li>Talk about the importance of ears</li><li>Activity- Identify the sounds in the audio played such as ringing of a bell, cow mooing, clapping</li></ul> <p>3. Story time-</p> <p>a) The magical land of shapes</p> <p>b) Pati, Pati, Where are you ?</p>	<p>1. Introduction of letter म</p> <ul style="list-style-type: none"><li>Vocabulary related to the letter</li><li>Reading and writing of letter</li><li>Stories related to the vocabulary of the letter</li><li>Drawing pictures/craft activity related to the vocabulary</li><li>Paste pictures in notebook</li><li>Story - मनु गया पिकिनक</li></ul>	<p>1. Shapes</p> <ul style="list-style-type: none"><li>Circle</li><li>Triangle</li><li>Rectangle</li><li>Square</li><li>Activity-</li></ul> <p>a) Folding origami sheets to make shapes such as triangle, square and rectangle</p> <p>b) Draw and colour objects using shapes such as tree, flower, bird, rocket</p> <ul style="list-style-type: none"><li>Comparison of shapes- number of corners and sides each shape has</li></ul> <p>2. Numbers 1 to 10</p> <ul style="list-style-type: none"><li>Arrange number cards 1 to 10 in proper sequence</li><li>Write numbers 1 to 10 in sequence</li><li>Show number value on mathmat</li><li>Identify the number and paste those many bindis to show the number value</li></ul>	<p><u>Rhymes/Songs-</u></p> <p>Poems-</p> <ol style="list-style-type: none"><li>I am a triangle</li><li>I am a square</li><li>I am a circle</li><li>One little, two little, three little fingers</li></ol> <p>Book-Tales and Tunes 3</p> <ol style="list-style-type: none"><li>Dotted Frogs</li></ol> <p>Stories –</p> <p>Book-Tales and Tunes 3</p> <ol style="list-style-type: none"><li>The magical land of shapes</li><li>Pati, Pati, Where are you ?</li></ol> <p>Clay moulding–</p> <p>Make objects using shapes such as tree, flower, hut, rocket, snowman</p> <p>ि पंंदी कपिताँँ</p> <ul style="list-style-type: none"><li>तारे</li></ul>

# UKG Syllabus for the month of April 2021

## Gross and Fine Motor Skills

Art	Sports	Music	Dance
<ol style="list-style-type: none"><li>1. My family with geometrical shapes cutouts</li><li>2. Making of fish, ladybug, honey bee, cat/rat using circle shape</li></ol>	<ol style="list-style-type: none"><li>1. Warm up exercises</li><li>2. Jumps, squats, lunges</li><li>3. Run, hop, jump backwards and sideways</li><li>4. Run and hop-<ul style="list-style-type: none"><li>• Collect pompoms with pegs</li><li>• Collect pompoms in jute bag</li></ul></li><li>5. Balance walk</li><li>6. Agility drill</li></ol>	<p>Songs –</p> <ol style="list-style-type: none"><li>1. Come on everybody</li><li>2. I am so happy</li><li>3. लकड़ी की काठी</li></ol>	<p>Dance steps &amp; movements on the songs–</p> <ol style="list-style-type: none"><li>1. Rang Jamale</li><li>2. I like to move it move it</li></ol>

# UKG Syllabus for the month of June 2021 - Blocks 2, 3 & 4

Language Skills (English)	Language Skills (Hindi)	Cognitive Skills	Rhymes and Stories
<p>•Recapitulation of recognition with sound and action, vocabulary and writing of the letters a-z (according to the sequence given by XSEED) c, k, e, h, m, r, g, o, f, l, u, b</p> <p>•Reading of sight words– the, l, see, he, she, in, out, on, garden</p> <p><b><u>Theme time-</u></b></p> <p>1. Sense organs</p> <p>a) I can smell</p> <p>b) I can taste</p> <p>c) I can feel</p> <p>2. My Feelings</p> <p>3. My Family – Members of the family, respecting others, jobs done by different members, working together.</p> <p>4. In the garden, I can see – Things seen in the garden, activities we do in the garden, Things needed by the plants to grow.</p> <p>Reading repetitive sentences from the text. Activity – Sowing seeds</p>	<p>•Recognition with sound, vocabulary and writing of the letters – न, ि, ग</p> <p>•Drawing objects/craft work related to the letters done</p> <p>•Reading 2 letter words using the letters done such as मन</p> <p>Craft work related to -</p> <p><b><u>Hindi letters</u></b> न - नाव ि - ित ग</p>	<p><b><u>Number 1 to 10</u></b> – Number recognition Number value Sequencing the numbers What comes after Missing numbers Join the numbered dots</p> <p><b><u>Pre-number concepts-</u></b> In/out On/under</p> <p>Sorting objects according to one attribute such as colour/shape</p> <p>Recognizing, recreating, repeating extending, explaining simple patterns</p>	<p><b><u>Rhymes-</u></b> I Love You (Tales and Tunes )</p> <p>Rhymes related to the letters</p> <p>Hindi- •मेरी नाव •िीली ित ग</p> <p>• <b><u>Story-</u></b> The Cute Cat and the Cookie</p>

## UKG Syllabus for the month of June 2021

### Gross and Fine Motor Skills

#### Art

##### Art activity

- .Drawing a cat and a rat with stepwise instructions and colour them.

##### Craft activity

- .Making hen and chick with circle cutouts.
- Making a garden scene with watering can.

#### Sports

- Exercise in dancing aerobics style
- Animal yoga poses -
  - a)crab pose
  - b)octopus pose
  - c)shark pose
  - d)dolphin pose
- Hand and eye co- ordination agility drill activity -
  - a) jump over the obstacles

#### Music

1. It's a beautiful day
2. Give me a song to sing

#### Dance

Dance steps and movements on the songs –

- One way Jesus (English)
- Ta ra rum pum (Hindi)

Types of dance styles-

- Classical dance
- Folk dance
- International dance

# UKG Syllabus for the month of July 2020)

## Blocks 5,6,7 and 8

Language Skills (English)	Language Skills (Hindi)	Cognitive Skills	Rhymes and stories
<p><b>Theme:</b> Plants – Importance of plants, things needed by a plant to grow, identifying similarities and differences in plants at different stages of growth</p> <p>Things seen in a garden</p> <p>CVC words with ‘a’ as the middle sound –</p> <p>Word families – at ,an</p> <p>Blending the sounds to read the words Sorting of at and an words</p> <p>Writing the words by identifying the individual sounds</p> <p>Related exercises such as matching the picture and word, naming the picture etc.</p> <p>Reading Sight words and sentences- (Book- The Reading Express)</p>	<p>Letters - ि, ग, च, त</p> <ul style="list-style-type: none"><li>• Recognition with sound and vocabulary , writing within the given lines</li></ul> <p>Reading 2 letter words using the letters done such as मन, मत, तन</p> <p>Making of तरबूज with paper.</p> <p>Rhyme: चुहिया रानी</p>	<p>Backward Counting Pre-number concepts-</p> <ul style="list-style-type: none"><li>• Front /behind</li><li>• Top/ bottom</li><li>• On/under</li><li>• In/out</li><li>• Tall/ short</li></ul> <p>Numbers 1 to 10 –</p> <ul style="list-style-type: none"><li>• What comes after/before a given number</li><li>• What comes between</li><li>• Missing Numbers</li><li>• Number name</li></ul>	<p>Rhymes-</p> <ul style="list-style-type: none"><li>• On a Gardener’s Apple Tree</li><li>• Head and Shoulders</li><li>• Nicky, Knacky, Knocky, Noo</li><li>• Out in the Garden</li><li>• Mulberry Bush</li></ul> <p>Stories –</p> <ul style="list-style-type: none"><li>• Jack and</li></ul>

# UKG Syllabus for the month of July 2020

## Gross and Fine Motor Skills

### Art

1. Craft activity of making a flower vase with flowers using circle cut outs.
2. Craft activity of making a snail using buttons.
3. Drawing and colouring of a boy and a girl.
4. Drawing and colouring of different emotions like happy, sad, surprised, scared
5. Drawing and colouring of rainy day scene and craft activity of making an umbrella with paper

### Sports

- A. Yoga poses**
1. cow face pose
  2. spine twist pose
  3. pigeon pose
  4. child pose
- Stretching yoga poses**
1. Hamstring stretch
  2. Single knee to chest
  3. Bent knee cross body
  4. Core abdominal
- B. Steps on the plus( +) sign**
- C. Dragging with objects activity**

### Music

- Songs –**
1. Up and down and up and down
  2. Phir se chamke tim tim tare
  3. Musical instrument - Guitar

### Dance

- Dance steps & movements on the song**
1. Baila zumba song
  2. Ale ab jo bhi ho

# UKG Syllabus for the month of August 2021

## Blocks 7 to Block 9

Language Skills (English)	Language Skills (Hindi)	Cognitive Skills	Rhymes and stories
<p><b>Theme:</b></p> <p><b>Story – Pia fell sick</b></p> <ul style="list-style-type: none"><li>• Story narration and discussion based on it.</li><li>• Talk about healthy food and junk food.</li></ul> <p><b>Story – Helpers</b></p> <ul style="list-style-type: none"><li>• Talk about various helpers such as doctor, policeman, gardener, maid, washerwoman</li><li>• Talk about importance of community helpers in our daily life</li><li>• Talk about ‘Fireman’ and the tools used by him</li><li>• Talk about ‘Postman’- working of a post-office and journey of a letter</li></ul> <p><b>Living graph -</b></p> <ul style="list-style-type: none"><li>• Topic- My favourite food</li><li>• Speaking skills- My favourite food is _____. or I like to eat_____.</li></ul> <p><b>CVC words with ‘a’ and ‘e’ as the middle sound –</b></p> <p><b>Word families – ap, am, ag, et</b></p> <ul style="list-style-type: none"><li>• Blending the sounds to read the words</li><li>• Writing the words by identifying the individual sounds</li><li>• Replacing the individual sound to make a new word such as cat- cap; map- nap; pan -pen</li></ul>	<p><b>Letters - ज, ब</b></p> <ul style="list-style-type: none"><li>• Recognition with sound and vocabulary , writing within the given lines</li><li>• Recap of letters- म न प ग च त</li></ul> <p>Reading of two letter words such as जब, तब, बच , जम , बन, बज, जग</p> <p>Reading and writing of 2 letter words with the letters done such as मन, तप, तन, मत, नग, पग, मग</p> <p><b>Art activities-</b></p> <p>Drawing of pictures</p>	<p>Recap of numbers 11, 12 – Number value and representing as a bundle of ten and extras</p> <p>Numbers -13, 14 and 15</p> <ul style="list-style-type: none"><li>• Recognition and number value</li><li>• Representing numbers 13, 14 and 15 as a set of 10 and extras</li></ul> <p>Number names – 2 to 5</p> <p>Recap of number names 1 to 5 –</p> <ul style="list-style-type: none"><li>• Related Workbook (Vol.-2) exercises</li></ul>	<p>Rhymes/Songs- English Poems – Tales and Tunes 3 Reading Book</p> <ul style="list-style-type: none"><li>• Ten little firemen</li><li>• Rat a Tat-Tat</li></ul> <p>Hindi poem-</p> <ul style="list-style-type: none"><li>• मैं बादल बन जाऊँ</li></ul> <p>Stories – Tales and Tunes 3 Reading Book</p> <ul style="list-style-type: none"><li>• Pia Fell Sick</li><li>• Helpers</li></ul>

# UKG Syllabus for the month of August 2021

## Gross and Fine Motor Skills

Art	Sports	Music	Dance
<ol style="list-style-type: none"><li>1. Making a bouquet of flowers with onion and leaf printing.</li><li>2. Independence day craft activity – Making of Kite.</li><li>3. Craft activity of making and decorating Rakhi.</li><li>4. Craft activity on Janmashtami - Making Krishna's matki and flute and decorating it .</li></ol>	<ol style="list-style-type: none"><li>1. Gross Motor Skills<ul style="list-style-type: none"><li>• Yoga poses</li><li>• Cat pose</li><li>• Cow pose</li><li>• Downward facing dog pose</li><li>• Plank pose</li><li>• Child pose</li><li>• Tree pose</li><li>• Triangle pose</li><li>• Warriors pose</li><li>• Sun salute pose</li></ul></li><li>2. Mini Golf with objects</li><li>3. Mini basketball with objects</li><li>4. Mini football</li><li>5. Jumps in hopscotch style</li></ol>	<p>Songs –</p> <ol style="list-style-type: none"><li>1. Up and down</li><li>2. फिर से चमके टिम - टिम तारे (Hindi)</li></ol>	<p>Dance steps &amp; movements</p> <ol style="list-style-type: none"><li>1. Zumba kids z mania</li><li>2. जगा ले तू जज़्बा</li></ol>







# UKG Syllabus for the month of September 2021

## Blocks 8 to Block 12

Language Skills (English)	Language Skills (Hindi)	Cognitive Skills	Rhymes and stories
<p><b>Theme:</b></p> <p><b>1. Helpers- Policeman, Traffic Policeman, Doctor</b></p> <ul style="list-style-type: none"><li>• Role played by these helpers</li><li>• Tools used by them</li><li>• Related activities such as making traffic lights using cutouts, drawing tools used by a doctor.</li><li>• Story narration and discussion based on it.</li></ul> <p><b>2. Animals – Pet/Farm/wild; Land/water animals</b></p> <ul style="list-style-type: none"><li>• Natural Habitat of animals</li><li>• Special features of animals and their importance</li><li>• Homes of animals</li><li>• Pet care</li></ul> <p><b>Stories –</b></p> <p><b>1. Mister Goody’s Machine</b></p> <p><b>2. Nanoo Zookeeper</b></p> <ul style="list-style-type: none"><li>• Story narration, answering questions related to the stories in complete sentences</li><li>• Related activities such as creating a mixed-up animal and naming it</li></ul> <p><b>CVC words with ‘e’ and ‘i’ as the middle sound –</b></p> <p><b>Word families – en, eg, ed, it, in, ip</b></p> <ul style="list-style-type: none"><li>• Blending the sounds to read the words</li><li>• Writing the words by identifying the individual sounds</li><li>• Replacing the individual sound to make a new word such as cat-cap; map- nap; pan -pen</li><li>• Related exercises such as matching the picture and word, naming the picture and rhyming words</li><li>• Reading sentences</li></ul>	<p><b>Letters - ट ल घ क</b></p> <ul style="list-style-type: none"><li>• Recognition with sound</li><li>• Related vocabulary</li><li>• writing within the given lines</li><li>• Recap of letters- म न प ग च त ज ब</li></ul> <p>Reading and writing of two letter words such as टब, बल, नल, तल, नट, कल, कट</p> <ul style="list-style-type: none"><li>• Related activities- Drawing/pasting of pictures related to the letters ट ल घ क</li><li>• Cooking activity – Making lassi (Letter ल)</li><li>• Writing letters in atta tray</li><li>• Using letter cards and pocket board to make words</li><li>• Clay moulding activity- Make objects with letters such aa ट ल घ क</li></ul>	<p>Recap of numbers 11 to 15</p> <p>Numbers 16 -20</p> <ul style="list-style-type: none"><li>• Recognition and number value</li><li>• Representing numbers as a set of 10 and extras</li><li>• Sequencing numbers 1 to 20</li><li>• Writing numbers 1 to 20</li><li>• Related exercises</li></ul> <p>Number names – 6 to 10</p>	<p>Rhymes/Songs- Tales and Tunes 3</p> <ul style="list-style-type: none"><li>• Red says Stop</li><li>• Found a peanut</li><li>• Old MacDonald</li><li>• Paws, Claws, Tails and Fur</li><li>• Smile</li></ul> <p>Hindi poem- चिड़िया</p> <p>Stories – Tales and Tunes 3 Reading Book</p> <ul style="list-style-type: none"><li>• Mister Goody’s Machine</li><li>• Nanoo Zookeeper</li></ul> <p>Other stories –</p> <ul style="list-style-type: none"><li>• The Mixed-up Chameleon</li><li>• The Lost Rabbit</li></ul>

# UKG Syllabus for the month of September 2021

## Gross and Fine Motor Skills

Art	Sports	Music	Dance
<p>1. <b>Drawing and colouring of</b></p> <p><b>A. Helpers-</b></p> <ul style="list-style-type: none"><li>• a chef</li><li>• a doctor</li></ul> <p><b>B. Animals</b></p> <ul style="list-style-type: none"><li>• a cat </li><li>• a rabbit </li></ul> <p>2. <b>Paper folding- Making</b></p> <ul style="list-style-type: none"><li>• A pet animal -  a dog</li><li>• A wild animal- an elephant </li></ul> <p>3. <b>Craft activity for Gandhi Jayanti –</b></p> <ul style="list-style-type: none"><li>• Making Charkha</li></ul>	<p>1. <b>Gross Motor Skills</b></p> <p><b>Yoga poses-</b></p> <ul style="list-style-type: none"><li>• Cow face pose</li><li>• Spine twist pose</li><li>• Revolved head to knee pose</li><li>• Pigeon pose</li><li>• Raised leg pose</li><li>• Half plough pose</li><li>• Locust pose</li><li>• Cobra pose</li></ul> <p>2. <b>Activities –</b></p> <ul style="list-style-type: none"><li>• Aim the target activity</li><li>• Fun Hop with papers</li><li>• Straw and paper activity</li><li>• Throwing an object such as a ball from different places</li><li>• Strength building activity</li></ul>	<p><b>Songs –</b></p> <ol style="list-style-type: none"><li>1. If you are Happy and you know it.</li><li>2. Zip Zap Zoom</li></ol> <p><b>Song for Gandhi Jayanti-</b></p> <p>रघुपती राघव राजा राम (Hindi)</p> <p><b>Musical Instrument –</b></p> <p>Tabla</p>	<p><b>Dance steps &amp; movements</b></p> <ol style="list-style-type: none"><li>1. एक जुनून</li><li>2. Deep Deep Deep as the Ocean</li></ol> <p><b>Recapitulation of 3 types of dance styles.</b></p>

# UKG Syllabus for the month of October 2021

## Blocks 13 to 15

Language Skills (English)	Language Skills (Hindi)	Cognitive Skills	Rhymes and stories
<p><b>Theme:</b></p> <ol style="list-style-type: none"><li>Making bus with a shoe box</li><li>Making a train with rectangle cutouts</li><li>Safety on road and related vocabulary words</li><li>Neighborhood</li></ol> <ul style="list-style-type: none"><li>How to be a good neighbor</li><li>Places in the neighborhood</li><li>Stories –</li></ul> <p>CVC words with 'i' and 'o' as the middle sound –</p> <p>Word families – ip, ig, ix, ot, og, ox</p> <ul style="list-style-type: none"><li>Blending the sounds to read the words</li><li>Writing the words by identifying the individual sounds</li><li>Replacing the individual sound to make a new word such as – cat-cot, leg- log.</li><li>Related exercises such as matching the picture and word, naming the picture and rhyming words</li><li>Reading sentences with sight words eg. This, is, on, the</li><li>Rhyming words</li><li>Two words ending with i family</li></ul>	<p><b>Letters - ट ल घ क, र, स</b></p> <ul style="list-style-type: none"><li>Recognition with sound</li><li>Related vocabulary</li><li>writing within the given lines</li><li>Recap of letters- म न प ग च त ज ख</li></ul> <p>Reading and writing of two letter words such as बज, बघ, बल, बन, टब, जम, बल, नल, जल, नट, रस</p> <ul style="list-style-type: none"><li>Related activities- Drawing/pasting of pictures related to the letters ट ल घ क, र, स</li><li>Writing letters in atta tray</li><li>Using letter cards and pocket board to make words</li><li>Clay moulding activity- Make objects with letters such as क, र</li></ul>	<p>Recap of numbers 1 to 20</p> <p>Numbers 1-20</p> <p>Recognition and number value</p> <ul style="list-style-type: none"><li>Sequencing numbers 1 to 20</li><li>Sequencing numbers 20 -11</li><li>Writing numbers 1 to 20</li><li>Related exercises-</li><li>what comes after 11 to 20</li><li>What comes before 11-20</li><li>Stating what comes before using number line</li></ul> <p>Recap of number names – 6 to 10</p>	<p>Rhymes/Songa-</p> <ul style="list-style-type: none"><li>Wheels of the bus</li><li>Vehicles- Open the Truck door</li></ul> <p>Hindi poem-</p> <ul style="list-style-type: none"><li>तारे</li><li>रेल गाड़ी</li><li>सड़क</li></ul> <p>Stories –</p> <ul style="list-style-type: none"><li>The lost Rabbit</li><li>Elephant and her friends</li></ul>

# UKG Syllabus for the month of October 2021

## Gross and Fine Motor Skills

Art	Sports	Music	Dance
<p>1. Drawing , colouring and decorating pictures of Ramji, Sitaji and Hanuman ji on Dussehra</p> <p>2. Drawing and colouring pictures with alphabets A, B, C and D</p> <p>3. Craft activity of making and decorating Poster on Say No to Crackers</p>	<p>1. Gross Motor Skills</p> <p>Yoga poses-</p> <ul style="list-style-type: none"><li>• Hanstring Stretch Poses</li><li>• Immunity Yoga Poses</li></ul> <ul style="list-style-type: none"><li><input type="checkbox"/> Dhanurasana</li><li><input type="checkbox"/> Bhujangasna</li><li><input type="checkbox"/> Shalbhasana</li><li><input type="checkbox"/> Matasyasana</li><li><input type="checkbox"/> Setubandhnasana</li></ul> <ul style="list-style-type: none"><li>• Aerobics Exercises</li><li>• Jump on the ladder grid</li><li>• Bowling Alley</li><li>• Soccer Bowling</li></ul>	<p>Songs –</p> <ol style="list-style-type: none"><li>1. Zip Zap Zoom</li><li>2. राम राम राम राम (Hindi)</li><li>3. देखो आ गयी दिवाली</li></ol>	<p>Dance steps &amp; movements</p> <ol style="list-style-type: none"><li>1. Chocolate Song</li><li>2. Banjara Song</li><li>3. Navratri Garbha Song</li></ol> <p>Introduction of two folk dances – Dandiya and Garbha</p> <p>Showing the video of both dances</p>